

the *Adventurer*

OSHER
LIFELONG
LEARNING
INSTITUTE



Term: Winter | Issue 19:6 | March 2020

MONTHLY MEETING

Saving Our Seeds

Wednesday, March 11, 2020

8:45 am—Registration & Light Refreshments

9:30 am—Welcome & Announcements



Ben Cohen of Small House Farms will give an energetic and informative presentation highlighting the importance of community seed sharing programs, and why planting, saving, and sharing seeds is essential to the cultivation of sustainable neighborhoods and healthy communities. Ben is an author, herbalist, gardener, seed saver and educator. He offers workshops and lectures across the country on the benefits of living closer to the land through seeds, herbs and locally grown food and has published numerous works on these topics including his most recent book, 'Saving Our Seeds'. Copies of Ben's new book will be available for purchase after the talk.



SAVING OUR SEEDS
... The Practice & Philosophy ...



Bevin Cohen
Foreword by Jerry Galle
Photo of Bevin Cohen by [unreadable]

NOTES & NEWS

- Fri. March 6 learn more about Moosewatch—Citizen Research on Isle Royal—at a brown bag lunch at the Saginaw Children's Zoo. Free but please register through the Zoo.
- Sat. March 14. Check out the Free Health Fair at Horizons Conference Center. For more info see SaginawCountyMS.com
- Sun. March 15 lace up your sneakers for the 47th annual St. Patrick's Day races in Bay City. Sign up at barcmi.com
- Sat.-Sun March 21-22 is the Home & Garden Show at SVSU's Ryder Center. Check hbas.org for details.
- March is also national peanut month. Try these tasty legumes in a silky peanut butter pie. Find the recipe at: <https://www.allrecipes.com/recipe/9174/peanut-butter-pie/>

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SAGINAW VALLEY
STATE UNIVERSITY

WEIRD LAWS

In Detroit: All "golf courses, practice or driving courses or putting greens" must be closed between the hours of 1 and 6 a.m.

IMPORTANT DATES

Wednesday, April 8

Monthly Meeting: Consumers Energy
The Energy of the Future
Curtiss Hall Banquet Rooms

April 14/16

Registration for Spring/Summer Begins

Wednesday, May 13

Monthly Meeting: Dave Kampfschulte
I Am Dying to Talk to You
Curtiss Hall Banquet Rooms

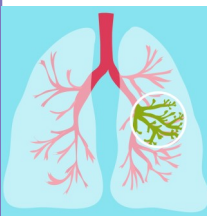
CHAIR'S NOTE



Hello OLLI friends,

My good news for this month comes from a Washington Post article by the Editorial

Board. The article reports some good things that all happened in 2019. There are too many items to cover in one article so I'll continue presenting them next month.



The first item is the discovery of a new therapy that seems likely to benefit 90 percent of people with cystic fibrosis.

This success is the result of a generation of persistence by patient advocates and scientists who never gave up.

A second item is also medical good news, the development of a vaccine protecting people from the Ebola virus. The vaccine is the result of the cooperation among many international experts. Actually, the existence of such worldwide cooperation is of good news on its own.

A third item is that the U.S. economy continued to grow and unemployment fell to near-record lows.

A fourth item reports that Americans gave \$428 billion to charity in 2018, 2.1 percent of the country's total economy and more than the entire national economy of Norway. Nice.

Well, this Washington Post article may take more than two OLLI articles to cover as there are 19 items. Lots of good news. Sweet.

—Carol Gohm, Advisory Board Chair



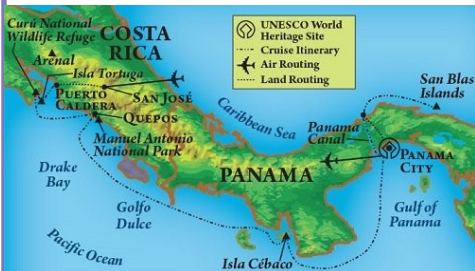
TRIP PREVIEWS

Interested in having a true adventure with your OLLI friends? Join us for the following learning trip previews to see what's in store for 2021. Please register by calling the OLLI office at 989.964.4475.

Discover Panama: The Land Between the Seas

This trip is a 9 day land tour with Collette Tours.

Preview: Tues. 2/25 at 3 p.m. C-140



A Week in Eastern Europe: Prague: Krakow & Budapest

This is an 11-day land tour with Go Ahead Tours.

Preview: Wed. 2/26 at 10 a.m. C-140



Peru & Machu Picchu

This is an active, 8-day (or more) tour with Go Ahead Tours.

Preview: Wed. 2/26 at 11 a.m. C-140



SUBMIT YOUR FRY

This year OLLI is on the hunt again for a first class, all-you-care-to-eat fish fry during the Lenten season. So if you think your church or social group has the best fry in the area, let the office know so we can check it out!



Our team of dining experts will be happy to sample your fare and judge accordingly based on the following list of highly technical categories:

1. Organization—how is the flow of the dining experience, pay, seating, and exit?
2. Bang for your Buck—what sides, beverages, and deserts are included along with the amount of fish for the cost?
3. Fish—is it crisp or soggy? Battered or breaded? Hot or cold?
4. Theatre of the Living Quality—how interesting are the people you're dining with at any given time?

A few of our favorites from previous years include the Second Presbyterian Church (2665 Midland Rd in Saginaw) fish fry (this year on March 20 from 5-6:30 p.m.), and the Bridgeport Gun Club (3265 Roselle Dr. in Saginaw) fry that runs every Friday from January thru mid-March from 11 a.m.-7 p.m.

CURRENT INTEREST GROUPS

- Bridge
- Buddhist Psychology
- Celtic Music
- Choral Singing
- Creative Doodling
- Cross Country Skiing
- Current Events
- Cycling
- Dinner
- Esoteric Cosmology
- Games
- Gardening
- Guitar
- Hiking
- Kayaking
- Knitting
- Lunch
- Movies
- Music Collegium
- OLLI Folks on Spokes
- Pickleball
- Ping Pong
- Recorder (dojo)
- Recreational Biking
- Sharing the Great Courses
- Stamp & Coin Collecting
- Theatre

For group leader contact info see: svsu.edu/olli

SPOTLIGHT

Office Changes

You may have noticed a couple of new faces around the OLLI office over the last couple of months. In the absence of a full-time secretary, we've had two temporary secretaries helping to fill in—Nancy Goretski in the morning, and Linda Haas in the afternoon.

Nancy worked in our office two years ago for a few weeks and works in various offices around campus as part of the clerical pool. She is a big fan of Elvis Presley and likes to travel, read, crochet, cross-stitch and do puzzles.

Some of you may remember Linda from the OLLI office area before it moved to Curtiss 111. She worked for the neighboring Michigan Manufacturing Technology Center as administrative secretary until she retired in 2015. She has joined us on occasional trips in the past and to help out in the office on occasion. She enjoys playing trivia on Thursday nights.

The OLLI office hopes to have a new permanent face in the office as senior secretary sometime in March—and hopefully for a long time after that. We have wrapped up interviews and are excited to welcome a new person to our office.



CORNERED BEEF



As many of you prepare for your St. Patrick's Day celebrations

by hauling out the green lights, clothing, or even dye for your beer, you might consider making an Irish feast of corned beef and cabbage. However, do the Irish really eat that stuff?

No. Corned beef and cabbage is an American-made dish in celebration of the Irish immigrant communities formed here after the great potato famine.

In Ireland, cows were revered as working animals and were rarely eaten. Later when the English pushed beef on Ireland, it was often "corned" for preservation—salted with salt crystals the size of corn kernels. Despite Ireland's fame for corned beef after this, it was not often consumed by the Irish due to its expense—plus, it was more salt than beef.

So why do Americans think of corned beef, cabbage, and potatoes for St. Patrick's Day? When the Irish moved to the United States they often settled next to Jewish communities. In times of celebration, they purchased delicious briskets from their neighbors and made the corned beef we know today. They included their beloved potato as well, along with the cheapest vegetable available, cabbage.

ADVISORY BOARD

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989.574.5862

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989.799.8417

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989.686.2542

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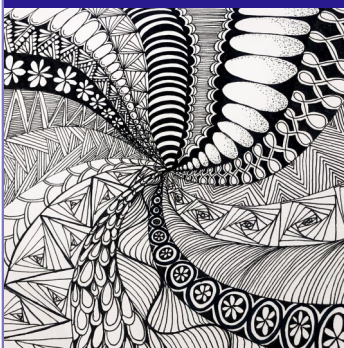
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At Large Member(s)
Carol Likam 989.753.9463

Faculty Representative
Christine Noller, Health Sciences
989.964.4016

SVSU Representative
Katherine Ellison, SVSU-OLLI

GROUP FOCUS: CREATIVE DOODLING



Do you love to doodle? Is your angle Zentangle? If you are interested in relaxing by drawing beautiful images with structured patterns, then this group may be for you. Just starting, the creative doodling group looks to meet and learn to do more Zentangle together just for fun. If you're interested in joining, please contact group leader Pam Murphy at 989.790.2760. She is working to find the best time to meet with all interested parties.

NEWSLETTER

"The Adventurer" is published monthly for SVSU-OLLI members at Saginaw Valley State University. Reprints of this newsletter may be obtained by calling 989.964.4475.

Newsletter Editor:
Katherine Ellison
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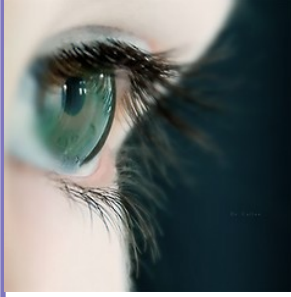
DIRECTOR'S CORNER

I don't know about you, but I'm ready for spring! We've had quite a few people in the office asking about the catalog for spring/summer and when it will make an appearance in their mailbox. Well, have no fear! We are putting the finishing touches on this new schedule and it should be out in the mail before the end of March. Registration will take place in mid-April so we want to make sure you get it well before then to look over our options for this semester. Personally, I'm looking forward to a time when the grass starts turning green again and I can walk my dog, Hudson, without wearing a scarf, hat, parka, etc. The little guy, Patton, is also looking forward to riding his tri-cycle outside (instead of around our house, crashing into things!) Fingers crossed for spring sooner rather than later!



CLASS HIGHLIGHT

Accessibility Tools



Do you have trouble using your computer because of a disability? Windows offers several accessibility tools to make your computer easier to utilize. Magnification, narration, on-screen keyboards, and speech recognition are just some of the tools available for the user in need. Join us for this introductory class to learn how to use these tools and more.

Thursday, 3/19
6-9 p.m.

Location: C141

Price: \$24 for members □
\$44 for non-members

TRIP HIGHLIGHT

Life of Jerry Ford

Join local step-on guide Caroline Cook as OLLI returns to Grand Rapids to learn about thirty-eighth President Gerald R. Ford. Buried in Grand Rapids, beside his wife, Betty, Ford was not actually born there. In fact, he was not named Gerald R. Ford at birth. This tour will tell the tale of Michigan's only president as you visit actual places touched by "Junior" during his youth in old Grand Rapids. The group will also tour the Gerald R Ford Presidential Museum, that was renovated in 2016. This trip includes motor coach transportation from SVSU, museum & step-on tour, and lunch at the Knickerbocker: New Holland Brewing.

Wednesday, 4/15

Price: \$105 for members □
\$125 for non-members



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